Freya Ireland is a composer and conductor in her second year on the prestigious joint course at the Royal Northern College of Music and the University of Manchester, studying composition with Emily Howard.

Her music has been performed by groups including NYOGB (of which she was principal composer in 2016), the Tallis Scholars, and performed in various venues including Wigmore Hall, Birmingham Symphony Hall, and broadcast on BBCR3.

In 2016 she won the Royal Philharmonic Society's inaugural award for young composers and was made Apprentice-Composer-in-Residence at the Wigmore Hall, and received mentoring from Helen Grime.

She also founded and conducts a new music ensemble, called Discord/Datcord, who performed two of Freya's pieces at the Royal Albert Hall in 2017.